



الاتحاد السعودي للتسلق والهايكنج  
SAUDI CLIMBING AND HIKING FEDERATION



# Annual Report 2022

[climbing.sa](http://climbing.sa)

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# About The Federation



## About The Federation

The Saudi Climbing and Hiking Federation (SCHF) is the national governing body for all aspects of rock climbing and hiking in Saudi Arabia. It was founded in February of 2018, and operates under the the Saudi Arabian Olympic Committee and Ministry of Sports.

The federation oversees the development of sustainable competitive and non-competitive climbing activities. In March 2020, it became a member of the International Federation of Sport Climbing (IFSC).

### Address

Ministry of Sport Building  
Office #203  
Al Hamra District, Jeddah  
Saudi Arabia

## Mission

- To build and develop local capacities and skills in the field of climbing and hiking.
- Provide and facilitate enthusiasts to engage and participate in Climbing and Hiking.
- To regulate and govern Climbing and Hiking in line with the highest international safety standard.
- To have Saudi Arabia reach its highest potential to be the leading country for Climbing in Middleast.

## Vision

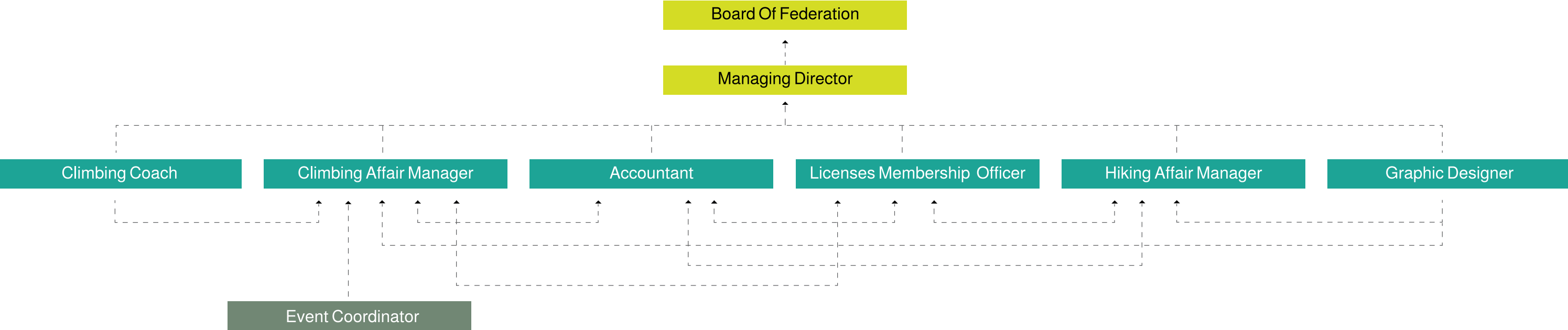
Have a community of competent climbers around Saudi Arabia with world class potential to represent Saudi Arabia internationally.

## Executive Summary

The year 2022 was a prosperous year for us. We worked on our goals for the next 4 years that helped us structure a strategy that we have started working by. This created a vision and plan for all our climbing athletes, technical personnels, and hiking guides. Our achievements for 2022 was a foundation for the upcoming years to elevate us to international level. We are looking forward to 2023 and see what positive outcomes will bring towards us.



# Organizational Structure



# Board of Directors



**Prince Bandar bin Khaled F. Al Saud**

Chairman

Prince Bandar’s first forays in the world of Rock climbing happened when he joined his school’s rock climbing club in 5th grade in Nice, France. Since then, he has gone on to become the first Saudi citizen to climb the highest mountain in each continent (also known as the “Seven Summits”) and has continued climbing in the high-altitude sphere as well as rock climbing, Ice climbing and mixed climbing.

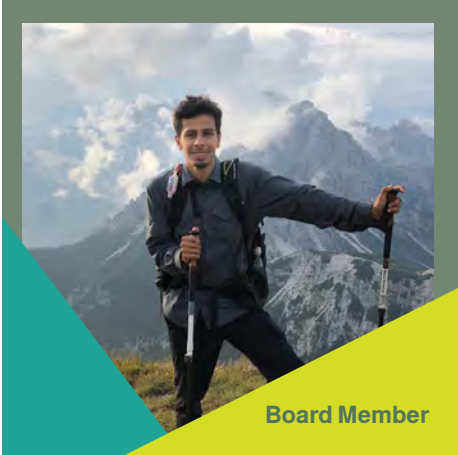
Within Saudi Arabia, he has aided in the development and bolting of many local climbing areas including Faisal’s Pinnacle, The Cat Wall, and others as well as the implementation of the first climbing competition in Hail where the first routes

were established in 2015.

Climbing Specialization: High Altitude

**Notable Achievements:**

- First Saudi to climb the Seven Summits
- Youngest Arab to climb the seven summits
- Fastest Arab completion of the seven summits (3.25 years)
- First Saudi summit on each of the highest mountains of Antarctica (Mount Vinson), North America (Denali) and South America (Aconcagua).



**Abdulaziz Alnemer**

Board Member

Abdulaziz Alnemer is one of the most experienced long distance hikers in the middle east. He has more than 6,000km of hiking experience under his belt. In addition to hiking, Abdulaziz received his training in Zion National Park as a Leave No Trace Master Educator and has built and surveyed trails in Saudi Arabia and the U.S.

**Hiking History:**

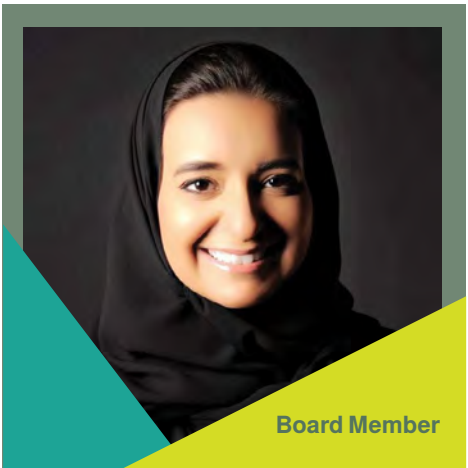
- The only Saudi to successfully thru-hike the Pacific Crest Trail
- Tour du Mont Blanc (3 times)
- The West Highland Way (3 times)
- Alta Via 1
- Manaslu Circuit
- Incense Route



**Hattan Asali**

Vice Chairman

- Leave No Trace Master Educator
- Certified Wilderness First Responder WFR
- Social activist in in outdoor awareness and development



**Deema Alathel**

Board Member

Deema is an advocate for environmental awareness in the Kingdom. During the past few years she participated in local initiatives to revive natural and archaeological sites and raise awareness about the importance of conservation and cleanliness of these sites. One of her most notable local participations was volunteering to clean Heet Cave near Riyadh in partnership with the Saudi Commission for Tourism and National Heritage and with the support of the Riyadh Municipality. In addition, she was part of the team invited by the Emirate of Asir Province on the 87th Saudi National Day to clean up the summit of the Souda mountain and to participate in the

promotion of local tourism. Deema was among the first few females in the Kingdom to encourage females to participate in hiking activities by volunteering herself as a guide in more than 30 family hiking trips. To date, she took part in more than 100 hiking trips within the Kingdom. Internationally, she climbed St. Catherine in Egypt and in 2017 she spent two weeks trekking the Himalayas reaching Everest Base Camp and crossing 160 km on foot in 8 days.



**Ibrahim Alkadhim**

Board Member

Ibrahim was first introduced to rock climbing in 2015 while on work assignment in Reading, United Kingdom. He has since gone on to take part on numerous scouting trips for potential climbing crags in Saudi Arabia including the now-developed Olympic crag in Al Shafa, in addition to multi-pitch sport climbs in Tanumah and big wall and trad climbing potentials around the kingdom.

Ibrahim takes special interest in outdoor rock climbing, particularly developing

traditional and big-wall climbing in KSA to take it to the global stage as a world destination for such endeavors by elite big-wall climbers across the globe.

# The Team



**Yasmin Yousef Gahtani**  
Managing Director



**Nasser Al Zuhufi**  
Manager – Climbing Affairs



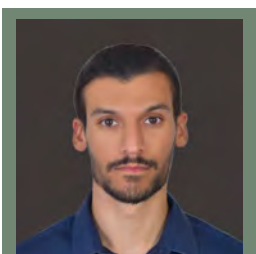
**Faris Hajjar**  
Manager – Hiking Affairs



**Iman Mansouri**  
Licenses & Memberships Officer



**Yassmeenah Basha**  
Accountant



**Ayman W. Qasem**  
Climbing Coach



**Mohammed Matsah**  
Events Coordinator



**Dana Qadi**  
Senior Graphic Designer

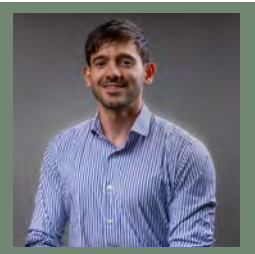
# Athletes Commission



**Abdulaziz Basri**  
President



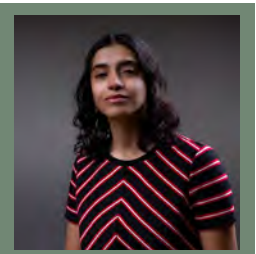
**Nidhal Daqnah**  
Member



**Abdulrahman Abughazala**  
Member



**Mahdi Alshoyokh**  
Member



**Sarah Alqunaybit**  
Member

“Alone, we can do so little;  
Together, we can do so much.”  
– Helen Keller

# Performance Indicators

Performance indicators through which the Federation measures its success in achieving the yearly goals



Increase in the percentage of new participants in the Climbing and Hiking community supervised by the Federation.



Number of active licenses  
Indoor Climbing Instructor: 8 licenses  
Outdoor Climbing Instructor: 1 license  
Climbing Walls: 2 licenses  
Hiking Guides: 94 licenses



Increase in number of functioning and available locations for activities & programs



Number of Athletes  
192



Instagram  
Followers: 13 K



more than 9.8K  
Tweet Impressions



Website views  
77,719

# Where have we been Around KSA





# News





## SCHF partnership agreement with Sky Sports Company



SCHF signed a partnership agreement with Sky Sports Company and Entertainment Solutions Alliance Sport Company. The agreements aim to activate CSR initiatives for the Federation as well as attract investments and sponsorships to the climbing sector.

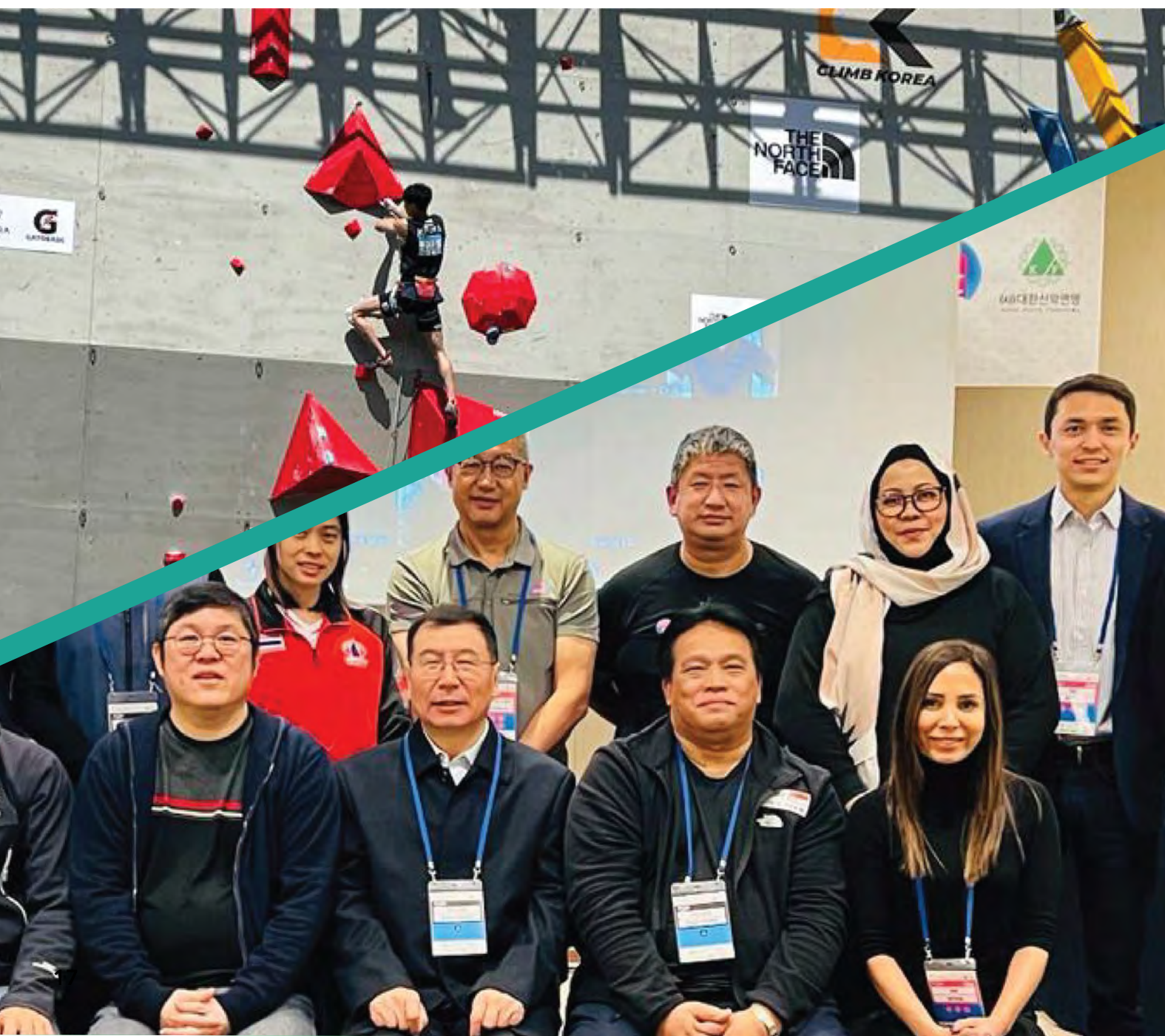




## Asian Climbing Championship 2022 - Korea

The Federation received an invitation from IFSC to visit the Asian Climbing Championship 2022. The management of the Federation and its coach attended this 7-day event. This visit was important for the planning and preparation of athletes to participate in future

international competitions and cooperation with other climbing federations in Asia in the areas of training and hosting competitions.





# MOU Public Signature with KAUST

Ms. Yasmin Gahtani, the Managing Director of the Saudi Climbing and Hiking Federation signed a memorandum of understanding with King Abdullah University of Science and Technology, represented by the Vice President of Community Life, Mr. Christopher Sealey. The agreement aims to promote collaboration around the sport of climbing, mass participation,

events, investor attraction, green initiatives, marketing, research, and innovation and education. The signing ceremony was held in the university with the attendance of KAUST officials and a number of the Federation's climbing members.







## IFSC General Assembly

The Federation attended the annual IFSC general assembly in Salt Lake City, Utah. The assembly was attended by 08 delegates from 8 countries. This general assembly was the first after Sport Climbing made its debut in the Olympics which was a milestone for all participating countries.





# AmChamKSA

The Managing Director, Yasmin Gahtani, was a guest on the Speaking Panel for “The Sports Committee Panel discussion: Rapid Growth and Expansion in the Saudi Sports Sector” by the American Chamber of Commerce in Saudi Arabia (AmChamKSA). The mission of AmChamKSA is to promote robust commercial relations between the United State sandtheKingdomofSaudiArabia,we

areaplatformforcompaniestoconne ct,growandprosper. AmChamKSA members represent American companies across all industry sectors as well as Saudi companies with American affiliations, actively promoting the importation of American goods and services to the Kingdom.





# Climbing



## Accredited Climbing Walls



Dyno Climbing Center

 Dammam

License Number: 40-0001

Phone: +966 53 938 8809

Email: [info@dynoksa.com](mailto:info@dynoksa.com)

Instagram: [Dynoksa](#)



Adventure Land

 Madina

License Number: 40-0002

Email: [a.s.hajali@alsalamahgolden.com](mailto:a.s.hajali@alsalamahgolden.com)

Instagram: [med\\_adventures1](#)



Waad Academy Sports Complex

 Jeddah

License Number: 40-0003

Email: [info@saudiclimbingacademy.com](mailto:info@saudiclimbingacademy.com)

Instagram: [saudiclimbingacademy](#)



Accredited Judges



Mohammed Janbi



Faisal Aldossary



Abdualziz Al-ibrahim



Fatmah Al-zmam



Orjuwan Karishah



Razan Alghofaili



# Competitions Calendar



## About the Competitions

Two disciplines of climbing competitions were held in 2022. Lead Climbing competitions and Boulder Competitions. Each discipline has its unique challenges to climbers. At the end of the season each athlete will receive national ranking points to each of the disciplines.

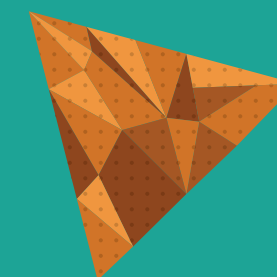
## Prizes





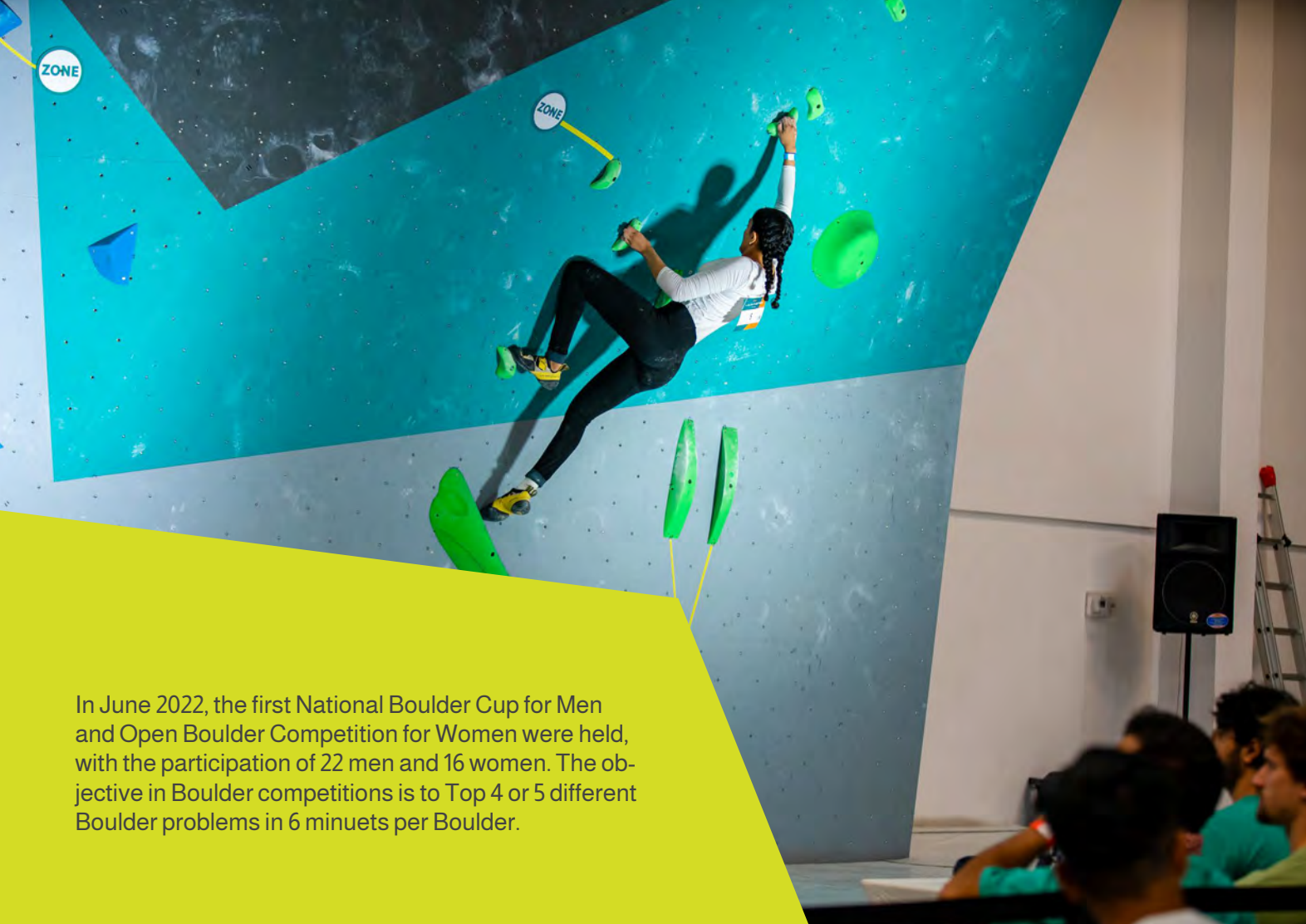


Boulder Cup 1 - Dammam



كأس البoulder  
الوطني  
National Boulder Cup





In June 2022, the first National Boulder Cup for Men and Open Boulder Competition for Women were held, with the participation of 22 men and 16 women. The objective in Boulder competitions is to Top 4 or 5 different Boulder problems in 6 minutes per Boulder.





# Competitions

## Winners - Boulder Cup 1



Abdulrahman Alabdu



Reda Al-Bahrani



Nidal Degna



Magdalena Nowak



Haneen Alashram

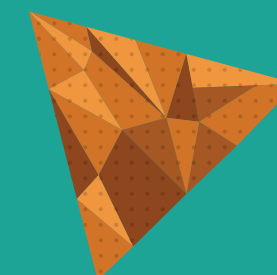


Beesan Halabi





Boulder Cup 2 - Dammam



كأس البoulder  
الوطني  
National Boulder Cup





The second National Boulder Cup for Men and Open Boulder Competition for Women were held in September. The number of participants was 21 Men and 11 Women. The objective in Boulder competitions is to Top 4 or 5 different Boulder problems in 6 minutes per Boulder.





Competitions  
Winners - Boulder Cup 2



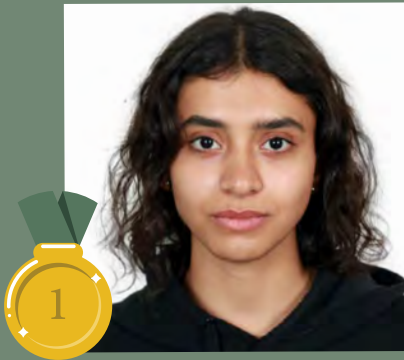
Nidal Degna



Abdulrahman Alabdu



Zuhir Almalayo



Sara Alqunaibet



Rewaa Babunji



Emiko Dibb

# Final National Ranking

## Boulder- Men

National Ranking	Name	Rank - Cup 1	Points Cup 1	Rank - Cup 2	Points Cup 2	Total Points
1	Abdulrahman Alabdu	1	1000	2	805	1805
2	Nidal Degnah	3	690	1	1000	1690
3	Zuhair Almalayou	5	545	3	690	1235
4	Mohammed Ghaith	9	380	5	545	925
5	Nameer Abusaleh	7	455	8	415	870
6	Ahmed Aborashid	10	350	6	495	845
7	Reda Albahrani	2	805	-	0	805
8	Mohammed Alahmadi	8	415	17	205	620
9	Murshid Alnasri	-	0	4	610	610
9	Rafaa Alotaibi	14	260	10	350	610
9	Hassan Mujalid	4	610	-	0	610
12	Muhannad Bawyan	15	240	11	325	565
13	Abdulrahman Aldhubaiban	12	300	14	260	560
14	Muhannad Qadh	6	495	-	0	495
15	Mahdi Alshoyokh	-	0	7	455	455
16	Hamza Alghamdi	21	145	12	300	445
17	Turky Alrashidi	-	0	9	380	380
18	Fares Alomar	11	325	-	0	325
19	Fadul Alhothari	22	140	19	170	310
20	Ibrahim Matsah	-	0	13	280	280
20	Yusif Jaber	13	280	-	0	280
22	Ahmed Almeer	-	0	15	240	240
23	Khalid Alkaabi	-	0	16	220	220
23	Mohammed Almishari	16	220	-	0	220
25	Faisal Alowais	17	205	-	0	205
26	Abdulaziz Alkadi	-	0	18	185	185
26	Makki Alkurdi	18	185	-	0	185
28	Omar Ashary	19	170	-	0	170
29	Mohammed Bukhari	-	0	20	155	155
29	Faisal Alasmar	20	155	-	0	155
31	Abdullah Aljuraid	-	0	21	145	145



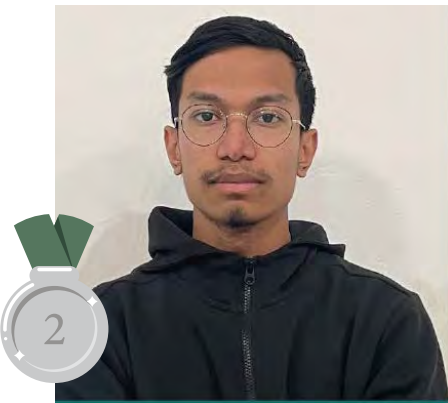
Abdulrahman Alabdu

“My advice to new climbers is to have fun! if not what is the point.”

I have always being interested in physical exercises, and as part of exploration of that, I started climbing.

I started competing in Saudi in the 2nd lead comp in 2021, and then

followed by the 2 bouldering comps in 2022 and the Saudi Games.



Nidal Degna

“It is a surreal feeling to be part of the new generation of athletes in Saudi competing at the highest level”

I’m Nidal, 21yrs old and I stumbled upon climbing less than a year ago when i was starting off university in dammam, I immediately became obsessed with the sport and it has completely consumed my daily routine ever since, my goal now is to

continue performing and pushing my limit in all the competitions, as a side mission I also have the goal of finishing an 8A grade climb in my first year of climbing which would be unprecedented.



Zuhair Almalayou

“My advice to new climbers is to keep climbing and travel to take a new experience from the athletes climbers around the world”

I am Zuhir Almalayou 28 years old, I am HR in a semi-government company.

I got into climbing through a misunderstanding between hiking and rock climbing, Climbing means a lot to me from a worldly point of view in contemplating God’s

creation of nature and from a sports and health point of view. ompetitions are very important to develop the climbers. Every competition you compete is to learn and develop your skills, whether it is in terms of technical or mental skill.



# Final National Ranking

## Boulder- Women

National Ranking	Name	Rank - Cup 1	Points Cup 1	Rank - Cup 2	Points Cup 2	Total Points
1	Sarah Alqunaibet	9	380	1	1000	1380
2	Rewaa Babunji	10	350	2	805	1155
3	Fatmah Gary	5	545	5	545	1090
4	Mariam Alerwi	8	415	6	495	910
5	Fawziah Alajmi	12	300	9	380	680
6	Arwa Alsantli	4	610	-	0	610
6	Rowaida Alerwi	-	0	4	610	610
8	Dana Alsalah	-	0	7	455	455
9	Dana Albuainen	-	0	8	415	415
10	Shereen Mirza	-	0	10	350	350
11	Rafaa Fatani	-	0	11	325	325
12	Rana Faqihi	13	280	-	0	280
13	Rawnaa Babunji	15	240	-	0	240



Sara Alqunaibet

“Enjoy the process , We all have our paths and goals of life and everyone’s efforts are really inspiring.”

I am 23 years old loving sports from a young age,I found climbing 4 years ago it’s been a place where I feel like I’ve wanted distribute all of my energy and over time it can of disperse in different ways but climbing is definitely the endear

that i care about. I feel super grateful for the opportunities that I’ve gotten and the athletes that have met and the joyous moments and achievements.



Rewaa Babunji

“Determine your goals early on, stay consistent, try competition climbing, invest in great coaching and have fun!!”

My name is Rewaa Babonji, I’m a certified fitness trainer and a rock climber since 2020 and my favorite style of climbing is bouldering. I love climbing because it challenges me and takes me to new places, physically and mentally.

Competition climbing is the most fun because it’s full of creativity and problem solving. I have competed in 5 competitions so far, got my first podium in the boulder comp 2022 and I’m looking forward to what’s next!



Fatmah Gary

“The blocks you might face on the wall or in a route are merely temporary obstacles in your path, they only hold the worth you allow them to”

I am 23 year old active movement enthusiast and adventurer, currently pursuing a career in marketing and is leading an active lifestyle after. I began climbing as early as 10 years old, it just felt natural to me, letting my mind and body be one, clear of any other chatter, element, or distraction and

just move in the ways it wanted and felt like, it gives me comfort. I am grateful to have participated alongside hundreds of passionate athletes and to have shared the joyous moments and achievements with friends in the climbing community, looking forward to more in the coming years inshallah



Lead Cup - Jeddah

كأس التسلق  
القيادي الوطني

National Lead Climbing Cup  
Jeddah 2022







The Lead National Cup was held in December. The number of participants was 23 Men and 13 Women. The objective in Lead competitions is to finish or reach the highest point of 1 or 2 routes in a single attempt.





# Competitions

## Winners - Lead Cup 1



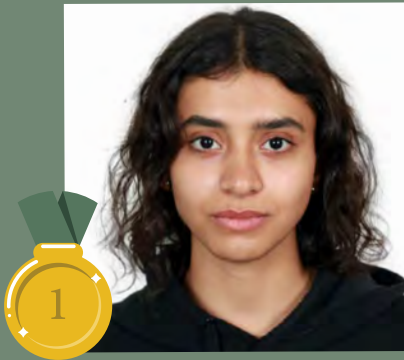
Nidal Degna



Abdullah Binladen



Moutaz Fatani



Sara Alqunaibet



Rowaida Alerwi



Fatmah Gary

# Final National Ranking

## Lead Climbing- Men

National Ranking	Name	Rank - Cup 1	Points Cup 1	Total Points
1	Nidal Dignah	1	1000	1000
2	Abdullah Bin Laden	2	805	805
3	Moutaz Fatani	3	690	690
4	Abdulaziz Basri	4	610	610
5	Abdulrahman Abughazala	5	545	545
6	Mahdi Alshoyokh	6	495	495
7	Taher Haddad	7	455	455
8	Muhannad Qadah	8	415	415
9	Zuhair Almalayo	9	380	380
9	Murshid Alnasri	9	380	380
11	Ahmed Abu Rashid	11	325	325
12	Hamza Alghamdi	12	300	300
13	Mohammed Ghaith	13	280	280
14	Fares Alomar	14	260	260
15	Hatim Alerwi	15	240	240
16	Ibrahim Matsah	16	220	220
17	Abdulrahman Aldhubaiban	17	205	205
18	Mohammed Alahmadi	18	185	185
19	Yousef Fatani	19	170	170
20	Mohammed Bukhari	20	155	155
20	Mohammed Alshafei	20	155	155
22	Makki Alkurdi	22	140	140
23	Moayad Halawani	23	120	120



Nidal Degnah

“It is a surreal feeling to be part of the new generation of athletes in Saudi competing at the highest level”

I’m Nidal, 21yrs old and I stumbled upon climbing less than a year ago when i was starting off university in dammam, I immediately became obsessed with the sport and it has completely consumed my daily routine ever since, my goal now is to

continue performing and pushing my limit in all the competitions, as a side mission I also have the goal of finishing an 8A grade climb in my first year of climbing which would be unprecedented.



Abdullah Binlادن

“Being part of Saudi games was very exciting, it increased awareness of the sport”

I knew that I liked climbing since my first climb as a kid at a random mall wall; climbing was ideal sport for me as I remained excited for every new climb, it helped me choose my next destinations to travel, and meet interesting people.

Being part of Saudi games was very exciting, it increased awareness of the sport, encouraged climbers to train, and was very enjoyable experience to all participants



Moutaz Fatani

“My advice for new climbers is to keep practicing! and have fun while you do.”

Am 27 years old, my first climbing experience was when I was 6 years old and I at that moment I fell in love with this sport, but I didn’t practice it much after, until I took a climbing course in 2020 with the Climbing Federation in this was the start of my climbing journey.

My advice to new climbers, is to keep practicing, add it to your schedule, the more you practice the better you will get.



# Final National Ranking

## Lead Climbing- Women

National Ranking	Name	Rank - Cup 1	Points Cup 1	Total Points
1	Sarah Alqunaibet	1	1000	1000
2	Rowaida Alerwi	2	805	805
3	Fatmah Qari	3	690	690
4	Mariam Alerwi	4	610	610
5	Rewaa Babunji	5	545	545
6	Dana Al Salah	6	495	495
7	Tahani Algouhi	7	455	455
8	Rafaa Fatani	8	415	415
9	Alaa Alsalman	9	380	380
10	Shereen Mirza	10	350	350
11	Sarah Masoud	11	325	325
12	Rana Faqihi	12	300	300



Sara Alqunaibet

“Enjoy the process , We all have our paths and goals of life and everyone’s efforts are really inspiring. “

I am 23 years old loving sports from a young age,I found climbing 4 years ago it’s been a place where I feel like I’ve wanted distribute all of my energy and over time it can of disperse in different ways but climbing is definitely the endear

that i care about. I feel super grateful for the opportunities that I’ve gotten and the athletes that have met and the joyous moments and achievements.



Rowaida Alerwi

“my advice to new climbers is to never leave a problem too early”

My name is Rowaida Alerwi, I started climbing in 2020 when access to outdoors climbing was facilitated during quarantine.

It’s great witnessing the wave of development taking place in Saudi, and to be a direct part of such

change feels surreal and I am grateful to the support I received I’m also very excited for the future and the upcoming enthusiasts to take role in this beautiful sport



Fatmah Qari

“The blocks you might face on the wall or in a route are merely temporary obstacles in your path, they only hold the worth you allow them to”

I am 23 year old active movement enthusiast and adventurer, currently pursuing a career in marketing and is leading an active lifestyle after. I began climbing as early as 10 years old, it just felt natural to me, letting my mind and body be one, clear of any other chatter, element, or distraction and

just move in the ways it wanted and felt like, it gives me comfort. I am grateful to have participated alongside hundreds of passionate athletes and to have shared the joyous moments and achievements with friends in the climbing community, looking forward to more in the coming years inshallah



# Dyno Youth Competition

The Federation sponsored a local Youth Competition where 0+ youth climbers with an age ranging from 0 to 17 competing in auto-belay, Top-Rope, and Boulder.





# Route Setting Program

The route setting program aims to develop and train national talents to work as route setters in climbing competitions. The program extends for 4 years and it includes training courses both locally and internationally ranging from the basics of route setting to the advanced levels of competition route setting. In addition to shadowing expert international route setters to gain in depth knowledge and raise the exposure to the different styles of route setting.





## Outdoor Climbing

### Falling & Commitment Workshop



Hariq, Riyadh



7 - 8 January



12 Participants

The Falling & Commitment workshop taught athletes how to fall properly during climbing to avoid injuries and it teaches them how to commit to climbing moves and falls to boost their confidence.



# Outdoor Climbing

## Break the Grade Workshop

 Hariq, Riyadh

 28 January

 8 Participants



The Break the Grade workshop taught athletes the strategies for on-sighting and redpointing to work more efficiently on their projects. In addition, it taught them how to deal with their mental to enhance their performance.





# Outdoor Climbing

## Hariq Crag Season Opening Games

 Hariq, Riyadh

 18 Nov

 30 Participants



The federation collaborated with The Climbing Turtles, a community of climbers, for the opening of the climbing season in Hariq. Climbers formed teams of 2-3 with the objective of climbing as many routes as possible in one day. Winners were awarded with cash prizes presented by the Federation.



# Outdoor Climbing

## Sport Single-Pitch Instructor Course

 Hariq, Riyadh

 4 - 11 Feb

 12 Participants

The Sport Single-Pitch Instructor Course was provided by UIAA to certify local climbing instructor. This course was also the first step to establish the Climbing Instructors certification program in Saudi Arabia.





# Outdoor Climbing Women Sport Program

 Aseer  
 2 - 24 September  
 50 Participants



Women Sport Program with the collaboration with Aseer Development Authority and Ministry of Sports where 50 women from the region of Aseer took a course in Outdoor Rock Climbing.







الالعاب  
السعودية  
SAUDIGAMES

# Saudi Games





## مسابقة التسلق القيادي بدورة الألعاب السعودية

Lead Climbing Competition in Saudi Games

## The Biggest National Sporting Event

Saudi Games is organized by Saudi Olympic & Paralympic Committee where over 6,000 athletes competed in 45 different sports, making it the largest national sport event in the history of Saudi Arabia. The Sport Climbing competitors received 6 medals with a total prize value of 2.8 million Riyals.









Winners - Saudi Games  
Men



Abdulrahman abughazala



Nidal Degnah



Abdullah Binladen





Winners - Saudi Games  
Women



Rowaida Alerwi



Fatmah Gary



Sara Qunaibet





# Winners - Saudi Games

## First place winners



Abdulrahman abughazala

**Tell us more about you and what made you start climbing ?**

I started climbing when I was in college. I had always been very active in sports and enjoyed being outdoors, so when I saw a climbing wall at my university, I decided to give it a try. I fell in love with it right away, and it has been a major part of my life ever since. Climbing has allowed me to explore incredible places, challenge myself physically and mentally, and forge deep friendships with other climbers. It wasn't until I came back home to Saudi Arabia that I really started to take it a bit seriously. Starting to train consistently, and establishing goals that will bring myself and the sport to new heights in Saudi Arabia. I'm always looking for new challenges and routes to climb, and I'm always pushing myself to become a better climber and human being.

**What does it feel being part of the biggest sporting event in Saudi ?**

To be part of the event was surreal to me. I have always envisioned doing this and when it all came together and actually winning was a dream come true. I am incredibly happy to see how sports are developing in Saudi Arabia and the emphasis on developing and creating life time athletes. To be a representative of Rock Climbing in Saudi Arabia is a great honor, and I hope we showed how much we truly love our sport and how fun it is to pursue climbing as a hobbyist, an athlete or even as a viewer. The Saudi Games to me was only the catalyst for the future of sports and rock climbing, we have only scratched the surface of potential in outdoor recreational rock climbing and Olympic/Sport Climbing. I hope to see rock climbing as a hub for climbing in the middle east, people coming from all over the world to experience our routes and beautiful terrain.

As for Climbing as an olympic sport, I will keep pushing my self to be the best representative of the sport and hopefully inspire the next generation of athletes to push the boundaries of what we can do as a country. It is only the beginning and there's only progress from today forward.

**Do you have any advice for new climbers ?**

Climbing is such a unique sport and one of the most fun sports I have ever tried, I stopped practicing other sports to completely focus on climbing. That doesn't mean it doesn't come with challenges. You will find that climbing is hard to see progress, or sometimes it's even hard to know how to get better. Unlike many sports where performing at a high level, you know exactly the obstacle you must overcome and how to train to overcome it. Climbers have to train for all facets of the sport and have to be versatile with the techniques they learn. Our obstacle is always changing and being designed for us to use everything we have learned and use all the weapons we have acquired to solve the puzzle made for us. And that's where the fun part of the sport is, you are constantly improving constantly being tested on your peak ability.

My advice for new climbers is to not be shy from exploring the different areas of the sport and to not be discouraged from failing at the start, because once you get in the habit of learning and improving it's almost addicting. Our sport is only growing in Saudi Arabia and it's a great opportunity for younger athletes to invest themselves into it and truly shine on the world stage. Climbing is a beautiful sport and every single person should at least give it a shot if not pursue it as a hobby or as a career. There's adventure, challenge, peace, comradery and self development in this sport and I hope you see it, experience it and it gives you joy as much as it has given me the past years. The places it's taken me and the people it's led me to meet I could have never gone to if it wasn't for it.



Rowaida Alerwi

**-Tell us more about you and what made you start climbing ?**

My name is Rowaida Alerwi, I started climbing in 2020 when access to outdoors climbing was facilitated during quarantine

**-What does it feel being part of the biggest sporting event in Saudi ?**

It's great witnessing the wave of development taking place in Saudi, and to be a direct part of such change feels surreal and I am grateful to the support I received

I'm also very excited for the future and the upcoming enthusiasts to take role in this beautiful sport

**-Do you have any advice for new climbers ?**

Don't leave a problem too early





# Winners - Saudi Games

## Second place winners



Nidal Degnah

**Tell us more about you and what made you start climbing ?**

I'm Nidal, 21yrs old and I stumbled upon climbing less than a year ago when i was starting off university in dammam, I immediately became obsessed with the sport and it has completely consumed my daily routine ever since, my goal now is to continue performing and pushing my limit in all the competitions, as a side mission I also have the goal of finishing an 8A grade climb in my first year of climbing which would be unprecedented.

**What does it feel being part of the biggest sporting event in Saudi ?**

Luck is fortunate to those who come prepared, honestly It is a surreal feeling to be part of the new generation of athletes in Saudi competing at the highest level, I'm proud of how our leadership's vision it to take sports to a new level and I am enthralled to be at the forefront of it.

**Do you have any advice for new climbers ?**

Be methodical and train with purpose, don't skim over the basics and if your goal is to be the best do not be ashamed to learn from the best, I've been fortunate enough to be surrounded by great climbers whom I've learnt a lot from and in the future I'd would like to repay that by establishing CODA, an educational platform focused on teaching climbing at the highest level.



Fatmah Gary

**Tell us more about you and what made you start climbing ?**

I am 23 year old active movement enthusiast and adventurer, currently pursuing a career in marketing and is leading an active lifestyle after.

I began climbing as early as 10 years old, it just felt natural to me, letting my mind and body be one, clear of any other chatter, element, or distraction and just move in the ways it wanted and felt like, it gives me comfort.

**What does it feel being part of the biggest sporting event in saudi ?**

I am grateful to have participated alongside hundreds of passionate athletes and to have shared the joyous moments and achievements with friends in the climbing community, looking forward to more in the coming years inshallah

**Do you have any advice for new climbers ?**

Enjoy your body and all the ways climbing can make it move, the blocks you might face on the wall or in a route are merely temporary obstacles in your path, they only hold the worth you allow them to





# Winners - Saudi Games

## Third place winners



Abdullah Binladen

**Tell us more about you and what made you start climbing ?**

I knew that I liked climbing since my first climb as a kid at a random mall wall, climbing was ideal sport for me as I remained excited for every new climb, it helped me choose my next destinations to travel, and meet interesting people

**What does it feel being part of the biggest sporting event in saudi ?**

Being part of Saudi games was very exciting, it increased awareness of the sport, encouraged climbers to train, and was very enjoyable experience to all participants

**Do you have any advice for new climbers ?**

Climbing is a sport and to higher grades us part of the sport joy, but it shouldn't expense the climbing joy or the community



Sara Qunaibet

**Tell us more about you and what made you start climbing ?**

I am 23 years old loving sports from a young age,I found climbing 4 years ago it's been a place where I feel like I've wanted distribute all of my energy and over time it can of disperse in different ways but climbing is definitely the endear that i care about.

**What does it feel being part of the biggest sporting event in saudi ?**

I feel super grateful for the opportunities that I've gotten and the athletes that have met and the joyous moments and achievements.

**Do you have any advice for new climbers ?**

Enjoy the process , We all have our paths and goals of life and everyone's efforts are really inspiring.





# Hiking Events







## Madrasah - Rahat, Makkah Ain Al Nabi Trail - 2 KM

14-15/1/2022

98 Men  
2 kids







## Qilwah, AlBaha

### Sadr AlMuzawada Trail - 3 KM

31/1/2022

47 Men  
3 Women







## Al-Ammariyah, Riyadh Founding Day Hike

22/2/2022

87 Men  
50 Women  
18 kids







## Az Zulfi, Riyadh Tuwaiq Mountain Trail - 4 KM

19/11/2022

56 Men  
4 Kids







## Al Aridhah, Jazan Wadi AlAin Trail - 3 KM

26/11/2022

49 Men  
11 Women  
3 Kids





# Advanced Hiking Skills Training for Trainers

The Saudi Climbing and Hiking Federation in cooperation with the International Climbing and Mountaineering Federation UIAA, has qualified 20 trainers in order to launch advanced hiking skills courses to develop the sport of hiking and provide qualified hiking guides with high standards and cultural competence





# Saudi Climbing Academy





# About the Academy



Waad Academy  
Sports Complex

Jeddah

The Saudi Climbing Academy is developed by the Saudi Climbing and Hiking Federation to facilitate long-term programs for indoor climbing training that can be enjoyed by climbing enthusiasts and anyone who would like to experience climbing for youth and adults.

The Academy aims to find potential talents through try-outs, fun games, and tournaments.

Through the academy, potential youth and adult climbers will have access to world-class coaches to reach competition standards and the proper mindset to grow as an athlete.

## Number of Entries

Tryout: 246  
Courses: 38  
Training: 39  
Summer Camp: 7  
Day Pass: 765





# Programs For Adults

## Adults Climbing Try Out

Age: +16  
1.5 hours

The adult climbing try-out allows participants to try indoor rock climbing. It is aimed at beginners interested in climbing

The program is developed to not only find potential talents for sport climbing but also to allow participants to enjoy the sport and have fun. Adults that are interested to develop their skills in rock climbing can take courses provided by the federation and once passed, they can register for the open wall access.

## Indoor Climbing Course Beginner Level

Age: +16  
2 Classes  
(2h/week)

The Climbing Course aims to teach basic climbing skills (top-rope). This course will give participants the knowledge and ability to climb top-rope independently. It is a great and easy way for interested adults to get into the sport of rock climbing.

This course will also allow participants to have the chance of applying for a rock climbing membership for the Saudi Climbing and Hiking Federation that will be needed to purchase a day pass.

## Indoor Lead Climbing Course Advanced Level

Age: +16  
2 Classes  
(2h/week)

The Climbing Course aims to teach advanced climbing skills (lead climbing). This course will give participants the knowledge and ability to lead climb independently with their partners.

Participants booking a lead climbing course should know the basic skills of top-roping and are experienced in it.





# Programs

## For Youth

### Youth Climbing Try Out

Age: 10-15  
1.5 hours

The program allows participants to try indoor rock climbing. It is aimed at young beginners interested in climbing

The program is developed to not only find potential talents for sport climbing but also to allow participants to enjoy the sport and have fun. The talents will be nominated to register in the training program for youth to further develop their climbing skills.

### Climbing Training

Age: 10-15  
4 Classes per month  
(2h/week)

The Climbing Course aims to teach advanced climbing skills (lead climbing). This course will give participants the knowledge and ability to lead climb independently with their partners.

Participants booking a lead climbing course should know the basic skills of top-roping and are experienced in it.

Participants in all programs will be learning and climbing with a certified Indoor Climbing Instructor where the safety of every participant will be monitored closely.





## Summer camp

The Climbing Summer Camp aims to keep your child engaged in fun climbing activities, team building exercises, and motor skills development drills. The camp will provide your child to experience climbing in a safe environment while having fun and help them build body strength, flexibility, and the ability to challenge themselves physically and mentally with experienced and certified Indoor Climbing Instructors. The camp will be carried out throughout 3 weeks with a 3-hour session every Monday and Wednesday.





Events  
Sports For All

Jeddah Waves, Jeddah

9 - 12 Nov





# MOU Public Signature with KAUST

Our collaboration with KAUST end of the year brought the academy to KAUST residents. It allowed the academy to expand to a new location and spread sport climbing to a wider audience.

It will also provide climbing courses, training and skill improvement workshops to KAUST residents.





# **A year full of DEVELOPMENTS**

**Thank You**